## Lesson Plan Format

- Name of the Assistant/Associate Professor: Dr. Ajay Nandal
- Class and Section: B.Ed. 1<sup>st</sup> Year, Section (A)
- Paper: Contemporary India And Education
- Subject lesson Plan: Weekly (from 7<sup>th</sup> September 2018 to May 2019)
- Admission of B.Ed. (1<sup>st</sup> Year 2018 from 20<sup>th</sup> August 2018 to 30<sup>th</sup> August 2018)
   Regular Commencement of Classes from 7<sup>th</sup> September 2018 to May 2019

7 <sup>th</sup> September, 2018 1 <sup>st</sup> Week,	Hawan & Orientation Programme
8-9-18	Orientation Programme
9-9-18	Sunday
10-9-18 to 15-9-18	<ul> <li>Prominent characteristics of education in India during colonial rule</li> <li>Maculay's Minutes: Its Features and Recommendations</li> <li>Adam's Report: Its Features and Recommendations</li> <li>Woods Despatch of 1854: Recommendations</li> </ul>
16-9-18	Sunday
17-9-18 to 22-9-17	<ul> <li>Secondary Education commission (1952-53):         <ol> <li>Aims and Objectives</li> <li>Recommendations and Educational Provisions</li> </ol> </li> <li>Indian Education Commission (1964-66)         <ol> <li>Aims and Objectives</li> <li>Educational Aspects</li> <li>Recommendations</li> </ol> </li> </ul>
23-9-18	Sunday
24-9-18 to 29-9-18	<ul> <li>Universalization of Elementary Education: Concept</li> <li>Problems related to Universalization of Elementary Education</li> <li>Issues of Universalization of Elementary Education         <ol> <li>Mid – Day- Meal (MDM): Objectives, Components and Scheme</li> </ol> </li> </ul>
30-9-18	Sunday
1-10-18 to 6-10-18 4-10-18( On duty at	ii. Sarva Shiksha Abhiyan : Concept, Objectives , Norms of Enrichment of Elementary Education under SSA and Strategies

M.D.U.Rohtak)	iii. Rasthriya Madhyamic Shiksha Abhiyan (RMSA): Goals and Objectives, Educational Provisions and Strategies
7-10-18	Sunday
8-10-18 to 13-10-18 10-10-18 ( Holiday)	<ul> <li>Concurrent Status of Education in Indian Constitution</li> <li>Equality of Opportunities in Education</li> <li>Indian Constitution and Status of Education</li> <li>Educational Provisions in Indian Constitution</li> </ul>
14-10-18	Sunday
15-10-18 to 20-10-18 18-10-18 ( Holiday) 21-10-18	<ul> <li>Article related to Education in Constitution in India</li> <li>Policies ,Acts related to Education</li> <li>Provisions related to Education</li> </ul> Sunday
22-10-18 to 26-10-18	<ul> <li>Education of Marginalized and Socially disadvantaged segments</li> <li>Meaning of Marginalized and Socially disadvantaged segments</li> <li>Characteristics of Marginalized groups</li> <li>Education and Fundamental Rights and Duties</li> </ul>
27-10-18 & 28-10-18	Holiday & Sunday
29-10-18 to 3-11-18 1-11-18( Holiday)	<ul> <li>Article 14; Equality before Law</li> <li>Article 15 in the Constitution of India</li> <li>Article 16 in the Constitution of India</li> <li>Article 21A in the Constitution of India</li> </ul>
4-11-18	Sunday
5-11-18	Article 30 in the Constitution of India
6-11-18 to 13-11-18	Diwali Holidays
14-11-18 to 17-11-18	<ul> <li>Article 51A in the Constitution of India</li> <li>Directive Principles of State Policies</li> <li>Classification of the Directive Principles</li> <li>Critical Analysis of Directive Principles</li> </ul>
18-11-18	Sunday
19-11-18 to 24-11-18	<ul> <li>Right to Education Act 2009</li> <li>Main Features of Right to Education Act 2009</li> <li>Presentation</li> <li>Class Test</li> </ul>

25-11-18	Sunday
26-11-18 to1-12-18	<ul> <li>National Policy of Education 1986</li> <li>Characteristics of National Policy of Education 1986</li> <li>Formulation of National Policy of Education 1986</li> <li>Rammamurti Education Commission 1990</li> </ul>
2-12-18	Sunday
3-12-18 to 8-12-18	<ul> <li>Important Observations and Recommendation</li> <li>Rammamutri Review Committee</li> <li>Programme of Action 1992</li> <li>Salient Features Programme of Action 1992</li> <li>National System of Education</li> </ul>
9-12-18	Sunday
10-12-18 to 17-12-18 18-12-18 to 31-12-18	<ul> <li>National Curriculum Framework 2005</li> <li>Need and Objective of National Curriculum Framework 2005</li> <li>Presentation</li> <li>Class Test</li> <li>Winter Vacations</li> </ul>

## **Lesson Plan Format**

- Name of the Assistant/Associate Professor: Dr. Ajay Nandal
- Class and Section: B.Ed. 2<sup>nd</sup> Year: Section (A&B)
- Paper: Health Physical and Yoga Education
- Subject lesson Plan: Weekly (from 16<sup>th</sup>July 2018 to May 2019)
  Regular Classes of B.Ed. 2<sup>nd</sup> Year from 16<sup>th</sup> July 2018
- B.Ed. 2<sup>nd</sup> Year Students Real Teaching Practice Starts from 20<sup>th</sup> Aug 2018 to 10<sup>th</sup> Dec.2018.

16 July, 2018 1 <sup>st</sup> Week,	Orientation of 2 <sup>nd</sup> Year Course
17-7-18	Orientation of 2 <sup>nd</sup> Year Course
18-7-18 to 21-7-18	Concept and Importance of Health and Health
Sec.A- 18 & 19	<ul><li>Education</li><li>Definitions of Health Education</li></ul>
Sec.B- 20 & 21	Aim of Health Education
22-7-18	Sunday
23-7-18 to 28-7-18	Objectives of Health Education  Fig. 18 111
Sec.A- 23-25	<ul> <li>Factors influencing Health</li> <li>Role of the Teacher in School Health Programme</li> </ul>
Sec.B- 26-28	
29-7-18	Sunday
30-7-18 to 4 -8-18	Concept of Physical Education
Sec.A- 30,31,1	Importance, Aim and Objective of Teaching Physical Education
Sec.B- 2-4	
5-8-18	Sunday
6-7-18 to 11-8-18	Misconception of Physical Education
Sec.A- 6-8	<ul> <li>Relations of Physical Education with General Education</li> <li>Relations with Different Subjects of Physical Education</li> </ul>
Sec.B- 9-11	
12-8-18	Sunday
13-7-18 to 18-8-18	Briefly Explained Postures
Sec.A- 13-15	Concept and Values of Good Posture in daily life
Sec.B- 16-18	Causes of Poor Posture

20-8-18 to 10-12-18	Real Teaching Practice
11-12-18 to 15-12-18 &	Common Postural Deformities
17 -12-18	<ul><li>Management of Common Postural Deformities</li><li>Basics Concepts to Maintain Good Posture</li></ul>
Sec.A- 11,12,17	
Sec.B- 13-15	
16-12-18	Sunday
18-12-18 to 31-12-18	Winter Vacations